



Living In the New Normal: Helping Children Thrive Through Good & Challenging Times Institute

Description	The MCEC Living In the New Normal (LINN) Institute encourages families to ensure their children have tools to bounce back from life's storms and "stressors", fosters community support efforts, and provides concerned adults with information to help support children during times of uncertainty, trauma, and loss. The MCEC LINN efforts are predicated on the belief that children's inherent attributes of courage and resiliency can be strengthened through deliberate encouragement.
Audience	Area school district guidance counselors and other professional educators; installation leaders; transition specialists; community professionals; military parents
Terminal Learning Objectives	<ul style="list-style-type: none">• Acquire basic knowledge of the affects of military/combat-related illness, injury, or death of a parent on children• Identify methods of building resilience and encouraging the courage of children• Identify existing community resources that provide sustained support to children experiencing trauma and loss• Create a customized training module for participant's various community sectors using lessons learned
General Topics	<ul style="list-style-type: none">• Grief and Happiness• Trauma vs. Challenges• Stages of Development• Coping Styles of Children• Ranges of Emotions• Injury and Reintegration• Book/Resource Review
Credits Available	1.2 Continuing Education Credits through IACET & NBCC 1 Graduate Credit through Texas A&M Central Texas